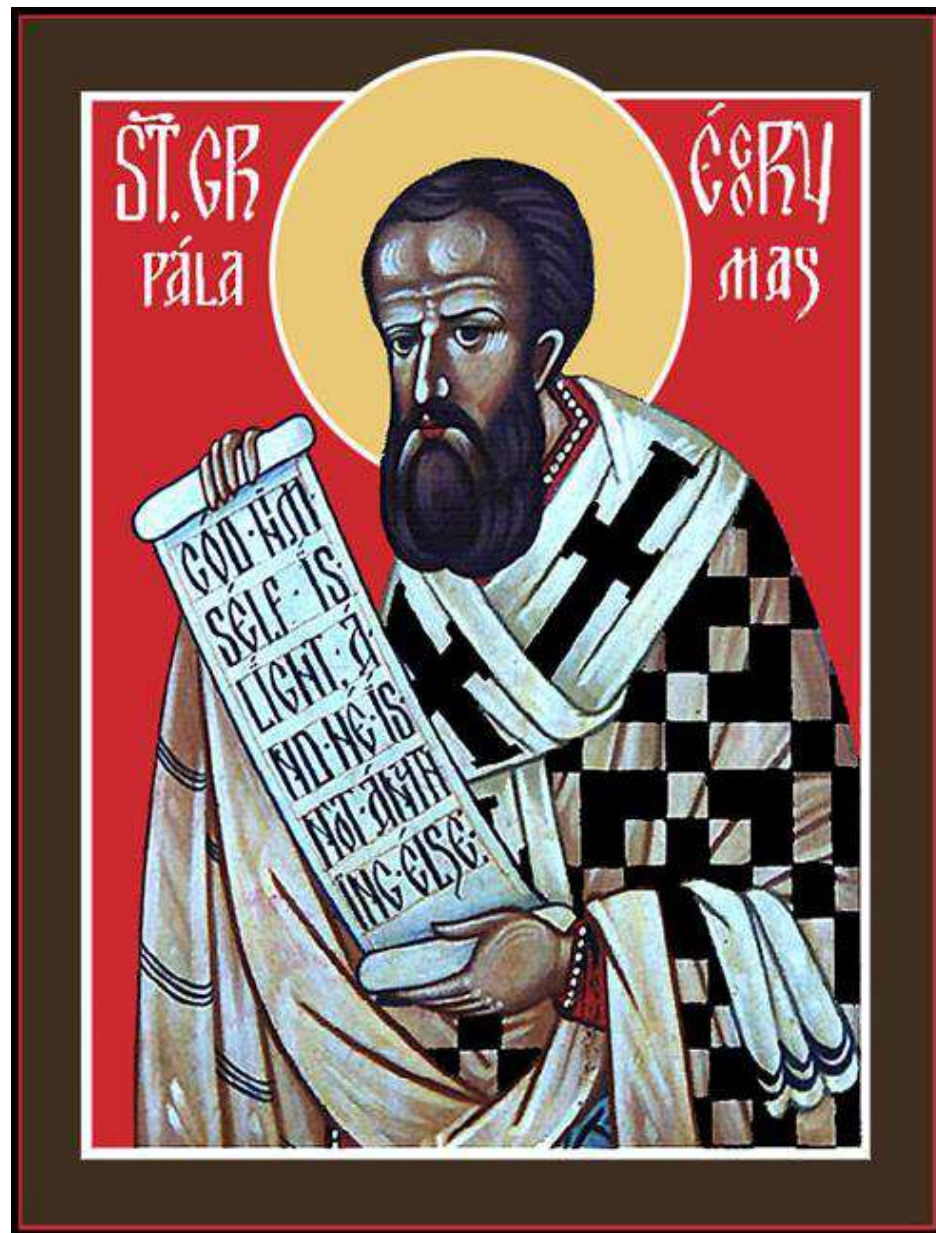


*“Now, brethren, let us remove ourselves
from earthly to celestial things.
Let us change our path from the flesh to the spirit.
Let us scorn fleshly delights,
which serve as allurements for the soul and soon pass away.
Let us desire spiritual gifts, which remain undiminished.
Let us turn our reason and our attention
from earthly concerns and raise them
to the inaccessible places of Heaven,
to the Holy of holies,
where the Mother of God now resides.”*

St. Gregory Palamas



**HOLY TRINITY ORTHODOX CHURCH
6822 BROADVIEW ROAD
PARMA, OHIO 44134**

THE TRINITARIAN

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HOLY TRINITY ORTHODOX CHRISTIAN CHURCH
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CHURCH WEBSITE: <http://www.holy-trin.org>
V. REV. ALEXANDER GARKLAVS, PASTOR

Divine Liturgy at 9:00 A.M.
Church School Every Sunday at 10:45 A.M.
(During the Months of September thru May)

Vespers - Every Saturday - 5:00 P.M.
Choir Rehearsals Every Thursday at 7:30 P.M.
Michael N. Pilat, Choir Director

RECTORY: 963 John Glenn Drive, Seven Hills, Ohio 44131 Phone 216-524-8989

BULLETIN 18 - VOLUME LV

TONE 6

MARCH 4, 2018

SECOND SUNDAY OF LENT

St. Gregory Palamas

Ven. Gerasimus of the Jordan; Ven. Gerásim of Vologdá;

Ven. Joasáph of Snetogársk; Rt. Blv. Prince Basil of Rostov; Rt. Blv. Prince Daniel of Moscow;

Martyrs Paul and his sister, Juliana; St. James the Faster of Phœnicia;

Translation of the Relics of Rt. Blv. Prince St. Wenceslaus, Prince of the Czechs;

St. Gregory, Bishop of Constantius in Cyprus

“O master of virtue and divine contemplation, O glorious vessel of wisdom and quiet: By the power of your prayers, O illustrious father, Gregory, obtain for us a share in your holiness and understanding, that we, too, may attain that light beyond our reach.”

Exapostilarion, Tone III

“As your way of life astonished the angels and scattered demons, so does it fill us with joy and gladness, for in prayer and fasting you were constant and unwavering, persevering to the end and watchful in the midst of many trials. Your gentleness and moderation, too, became a marvel for all the world, O holy father, so that even the beasts of the wilderness obeyed you. Now that you enjoy a place of honor in the presence of the Lord, pray for the salvation of our souls.”

Troparion for Ven. Gerasimus, Tone VIII

TODAY'S EPISTLE: HEBREWS 1:10-2:3
HEBREWS 7:26-8:2

TODAY'S GOSPEL: MARK 2:1-12
JOHN 10:9-16

HOLY WORSHIP THIS WEEK:

Wednesday, March 7 6:00 p.m. Presanctified Liturgy
Saturday, March 10 5:00 p.m. Great Vespers

Daily Scripture Readings

Monday, March 5	Isaiah 8:13-9:7	Genesis 6:9-22	Proverbs 8:1-21
Tuesday, March 6	Isaiah 9:9-10:4	Genesis 7:1-5	Proverbs 8:32-9:11
Wednesday, March 7	Isaiah 10:12-20	Genesis 7:6-9	Proverbs 9:12-18
Thursday, March 8 (Martyrs)	Isaiah 11:10-12:2 Isaiah 43:9-14	Genesis 7:11-8:3 Solomon 3:1-9	Proverbs 10:1-22 Solomon 5:15-6:3
Friday, March 9 (Martyrs)	Isaiah 13:2-13 Hebrews 12:1-10	Genesis 8:4-21 Matthew 20:1-16	Proverbs 10:31-11:12
Saturday, March 10 (Departed)	Hebrews 10:32-38 I Thessalonians 4:13-17	Mark 2:14-17 John 5:24-30	

ORTHODOX CHRISTIAN CHURCH OF THE HOLY TRINITY

COMING EVENTS

MARCH:

- 7, Wednesday Soup Supper following the Presanctified Liturgy
- 11, Sunday 5:00 p.m. Akathist at St. Michael's
- 12, Monday 12:30 p.m. St. Elizabeth Book Circle
- 7:00 p.m. Parish Council meeting
- 14, Wednesday Soup Supper following the Presanctified Liturgy
- 17, Saturday 3:00 p.m. First Holy Confessions

LENTEN CONFESSIONS:

Father Alexander will offer time for private confessions next week on Wednesday, 3/7, 4:00-6:00 p.m.; Saturday, 3/10, 4:00-5:00 p.m., and following Vespers. Please see Father with any questions.

LENTEN SOUP SUPPERS:

We are continuing our weekly Soup Suppers following the Presanctified Liturgy on Wednesdays. All are invited to stay after the Liturgy for a meal. Joanne Stoyka is the coordinator of these suppers, and she has placed a sign-up sheet in the Fellowship Hall; donate soup or a monetary gift for paper products.

NEWS UPDATES:

Reminder: We do have a Robocall system of releasing timely messages to our parishioners. Generally, it's about a service cancelled due to weather or other issues. If you have changed your phone number or email address, please inform the office at 216-524-4859.

TRINITARIAN COVERS AND FLOWERS:

The covers and flowers today are offered by Gene and Barbara Filipow in celebration of Gene's birthday.

SPECIAL COLLECTION:

Beginning next Sunday, March 11, we will be conducting a special collection for the St. Mary of Egypt Mission. Please consider helping this Cleveland-based ministry, which supplies food to the needy.

ST. ELIZABETH BOOK CIRCLE:

The Book Circle will meet Monday, March 12, at 12:30. We will complete reading The Liturgy of Death - Talks III and IV. Father Alexander will be with us. All are welcome.

SOCIAL MEDIA:

If you have a Facebook account, please "like" and "follow" our page. You'll read about news from the Orthodox community (local and national) as well as updates on our services throughout the year. Don't have Facebook? You can access what we are posting (about 3-5 posts a week) on our website:

www.holy-trin.org

MISSION TEAMS:

Consider joining a Mission Team to aid people throughout the world this summer. Teams travel to places such as Alaska, Indonesia, Ghana, Jamaica. See details in the Fellowship Hall.

Why do the demons wish to commit acts of gluttony, impurity, avarice, wrath, resentment and the other evil passions in us? Here is the reason —

that the spirit in this way should become dull and consequently rendered unfit to pray.

For when man's irrational passions are thriving, he is not free to pray and to seek the word of God.

St. Evagrius Ponticus

THE GIFTS WE OFFER TO THE LORD WE LOVE

REGULAR COLLECTION, FEBRUARY 25	\$ 2322.00
CHURCH ADMINISTRATION ASSESSMENT	488.00
BUILDING FUND	50.00
MORTGAGE FUND	50.00
CANDLES	117.00
ORTHODOX MISSIONS	93.00

THE SANCTIFIED LIGHT

“What shall we say of that light which admits neither movement nor shadow or change, which is the splendor of the sanctified flesh, the flesh which communicates and is enriched by divine glory? Shall we say that this light which is the beauty of the eternal Age to Come is only a symbol, an illusion, without true existence? Certainly not! Not as long as there are lovers of the light.”

(St. Gregory Palamas)

First there was nothing, nothing revealing,
God great in His glory, creating, conceiving
Nothing to speak of, nothing to write,
Existence was being in sanctified light.

The first earth was perfect even as dust,
In the garden just beauty, honor and trust,
Peace was the order, in all was delight,
Even in night there was sanctified light.

“Adam,” said Eve, “I think that this tree,
Can make us both happy and forever free;”
Thinking that knowledge gives them the right,
In a moment their choice eclipsed sanctified light.

The ancients, like Moses, were men of desire,
Doubts were extinguished by words from the fire,
Learning from wrongs they perfected their sight,
And covenants wrought were by sanctified light.

Darkness and ignorance, hatred and danger,
All were transformed by a Child in a manger,
As angels in chorus sang through the night,
Stars gleamed as tokens of sanctified light.

Hearts were converted and preaching began,
Apostles with boldness went through all lands,
Armed only with faith that gave them their might,
They spoke as they glowed with sanctified light.

New passions of darkness, so little is clear,
Pride is in fashion, we have lost holy fear,
But here is Palamas, to share his insight:
“It is yours for the asking, God’s sanctified light.”

(This poem by Nicholas Towe was inspired by his time on Mount Athos, where St. Gregory Palamas began his monastic life. I’ve attached the quote from St. Gregory to illustrate how his theology was devoted to the concept of holy light. – Fr. AG)